

Programma AKUA adulti stagione 2020 2021

LUNEDI	MARTEDI	MERCOLEDI	GIOVEDI	VENERDI	SABATO
8.45-9.30 AKUAFITNESS	08.45-09.30 AKUADOLCE EMOTION	08.45-09.30 AKUAFITNESS	8.45-9.30 AKUAFITNESS	08.45-09.30 AKUADOLCE EMOTION	
9.30-10.15 AKUADOLCE IN MOTION	09.30-10.15 AKUADOLCE EMOTION	9.30-10.15 AKUADOLCE IN MOTION	9.30-10.15 AKUAFITNESS	09.30-10.15 AKUADOLCE EMOTION	
10.15-11.00 AKUAFITNESS	09.45-10.45 ANTALGICA	10.15-11.00 AKUADOLCE IN MOTION	10.15-11.00 AKUADOLCE IN MOTION	09.45-10.45 ANTALGICA	
11.00-11.45 AKUADOLCE IN MOTION	10.45-11.30 AKUADOLCE IN MOTION	11.00-11.45 AKUADOLCE IN MOTION		10.45-11.30 AKUADOLCE IN MOTION	
			12.00-12.30 AKUA ELITE		
12.45-13.30 AKUAFITNESS	13.00-13.30 AKUACORE	12.45-13.30 AKUAFITNESS	13.00-13.30 AKUACORE		12.45-13.30 AKUAFITNESS
	14.00-14.45 AKUADOLCE EMOTION			14.00-14.45 AKUADOLCE EMOTION	
14.30-15.15 AKUAFITNESS	14.45-15.30 AKUADOLCE EMOTION	14.30-15.15 AKUAFITNESS		14.45-15.30 AKUADOLCE EMOTION	
	15.30-16.15 AKUAFITNESS	15.20-15.50 AKUA ELITE		16.10-16.55 AKUAFITNESS	
16.10-16.55 AKUAFITNESS			15.30-16.15 AKUAFITNESS		
17.45-18.30 AKUADOLCE IN MOTION			17.45-18.30 AKUADOLCE IN MOTION		
18.30-19.15 AKUADOLCE IN MOTION	18.30-19.15 AKUAFITNESS	18.30-19.15 AKUADOLCE IN MOTION	18.30-19.15 AKUADOLCE IN MOTION	18.30-19.15 AKUAFITNESS	
19.20-20.05 AKUAFITNESS	19.20-20.05 AKUAFITNESS	19.20-20.05 AKUAFITNESS	19.20-20.05 AKUAFITNESS	19.20-20.05 AKUAFITNESS	
20.10-20.55 AKUAFITNESS	20.10-20.55 AKUAFITNESS	20.10-20.40 AKUA ELITE	20.10-20.55 AKUAFITNESS	20.10-20.40 AKUA ELITE	
					INTENSO MOLTO INTENSO SUPER INTENSO
					AKUA ELITE ...!eccellenza nell'acqua...
					INFO IN RECEPTION